LUNCH
11am to 4pm

**SANDWICHES**
- **Turkey Wrap**
  - tomato, shredded iceberg, avocado, bacon, pickled red onion, whole grain mustard aioli, parmesan-oregano vinaigrette on chipotle spinach wrap | 15
- **Tuna Melt**
  - pickle, celery, lemon, dill, grain mustard, havarti cheese on toasted levain bread | 15
- **Grilled Cheese and Tomato Soup**
  - havarti, white cheddar, caramelized onions on grilled levain | 14
  - *add artisan ham* | 13

**BREAKFAST PLATES**
- **Breakfast Burrito or Bowl**
  - scrambled eggs, cheddar, guacamole, breakfast potatoes, roasted peppers and onions, pico de gallo and cilantro, sour cream, salsa verde and barrio hot sauce | 13
  - *add bacon, chicken sausage or artisan ham* | 13
  - *substitute tofu scramble* | 2
- **Classic Breakfast Sandwich**
  - choice of ham, bacon or chicken sausage, sunny-side egg, white cheddar, garlic-chive aioli on toasted brioche | 13
- **Brûléed French Toast**
  - griddled challah bread, berry compote and whipped cream | 13
- **Carne Asada Skillet**
  - seasoned flank steak, fried eggs, breakfast potatoes, avocado, pico de gallo, roasted peppers and onions, sour cream, cotija and cilantro | 18
- **Biscuits & Gravy**
  - two poached eggs and choice of chicken sausage or mushroom gravy, hot sauce and choice of breakfast potatoes or fruit | 14
  - *add fried chicken* | 17

**SOUPS & SALADS**
- **Salmon Corn Chowder**
  - 8 SM · 11 LG
- **Tomato Soup**
  - with herb-roasted croutons | 5.5 SM · 8.5 LG
- **Moon Chopped**
  - romaine, avocado, pepperoni, parmesan, tomato, garbanzo beans, shallot, sunflower seeds, red cabbage, mama lil's peppers, parmesan-oregano vinaigrette | 11 SM · 15 LG
- **Arugula & Grain**
  - arugula, farro, barley, snap peas, garbanzo beans, chopped shallots, toasted almonds, feta cheese, pickled golden raisins and lime-mint vinaigrette | 11 SM · 15 LG
- **Chicken Cobb**
  - grilled or fried chicken, romaine, bacon, tomato, hard-boiled egg, avocado, pickled red onion, blue cheese, ranch dressing | 19

**SNACKS**
- **Guacamole**
  - with tortilla chips | 9
- **Avocado Toast**
  - whole grain mustard, shallot, lemon, parmesan, arugula hot paprika | 12
- **House-Cut Fries**
  - with garlic-chive aioli | 6.5
- **Pretzel**
  - dark-porter white cheddar mustard sauce | 7
- **Spicy Popcorn Shrimp**
  - piri piri spice, tartar sauce | 14
- **Vegetable 'Fries'**
  - delicata squash, red onion, shiitake mushrooms, truffle aioli | 11
- **BLTA**
  - bacon, lettuce, tomato, avocado, garlic-chive aioli on toasted levain | 14
- **Spicy Fried Chicken Sandwich**
  - shredded iceberg, tomato, chipotle aioli on toasted brioche | 15
  - *substitute grilled chicken* | 15
- **The Impossible® Vegan Burger**
  - lettuce, tomato, onion, chipotle aioli | 16
- **Cheeseburger**
  - *add bacon* | 13.5
  - white cheddar, green leaf lettuce, tomato, onions, special sauce | 17

**LUNCH PLATES**
- **Tacos del Día**
  - our chef's choice | MP
- **Curried Lentil Hash**
  - roasted cauliflower, sweet potatoes, roasted red pepper and onion, coconut milk, roasted fennel, fried eggs and arugula salad | 17
- **Ahi Tuna Poke Bowl**
  - hijiki seaweed, sesame seeds, togarashi, ginger, soba noodles, green onion, cucumber, cabbage, red bell pepper, carrot, chili flakes, avocado, fried wonton and soy dressing | 18
- **Crispy Carnitas Bowl**
  - pork shoulder, black beans, guacamole, salsa verde, cabbage, pickled red onion, pico de gallo, sour cream and cotija cheese | 15
- **Chicken Strips & Fries**
  - house-cut fries, buttermilk ranch and barbecue sauce | 15

*According to the health department, raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

A 20% service charge is included on each check. The charge is retained by the company. Our valued service team receives competitive compensation in the form of wages, commissions, health insurance, 401k and opportunities for development and advancement. We are required by Washington state law to collect tax on service charges. Thank you – Heavy Restaurant Group.