**LUNCH**  
**11am to 4pm**

**SNACKS**

**Guacamole**  
with tortilla chips  |  9

**Avocado Toast**  
whole grain mustard, shallot, lemon, parmesan, arugula hot paprika  |  12

**House-Cut Fries**  
with garlic-chive aioli  |  6.5

**Pretzel Knot**  
mustard cheese sauce  |  7

**Spicy Popcorn Shrimp**  
piri piri spice, tartar sauce  |  14

**Asparagus Fries**  
vodka battered asparagus, lemon dill aioli  |  11

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**SANDWICHES**  
choice of arugula salad or house-cut fries | substitute Udi’s whole grain gluten free bread or bun  |  2

**BLTA**  
bacon, lettuce, tomato, avocado, garlic-chive aioli on sourdough  |  14

**Grilled Cheese and Tomato Soup**  
havarti, white cheddar, caramelized onions on sourdough  |  14

**Turkey Wrap**  
tomato, shredded iceberg, avocado, bacon, pickled red onion, whole grain mustard aioli, parmesan-oregano vinaigrette on chipotle spinach wrap  |  15

**Tuna Melt**  
pickle, celery, lemon, dill, grain mustard, havarti cheese on sourdough  |  15

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**BREAKFAST PLATES**

**Breakfast Burrito or Bowl**  
scrambled eggs, cheddar, guacamole, breakfast potatoes, roasted peppers and onions, pico de gallo and cilantro, sour cream, salsa verde and barrio hot sauce  |  13

**Classic Breakfast Sandwich**  
choice of ham, bacon or chicken sausage, sunny-side egg, white cheddar, garlic-chive aioli on toasted potato bun  |  15

**Brûléed French Toast**  
griddled challah bread, berry compote and whipped cream  |  13

**Carne Asada Skillet***  
seasoned flank steak, fried eggs, breakfast potatoes, guacamole, pico de gallo, roasted peppers and onions, sour cream, cotija and cilantro  |  18

**Biscuits & Gravy***  
two poached eggs and choice of chicken sausage or mushroom gravy, hot sauce and choice of breakfast potatoes or fruit  |  14

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**SOUPS & SALADS**  
add grilled tofu  | grilled or fried chicken  |  7

**Salmon Corn Chowder**  
8 SM · 11 LG

**Tomato Soup**  
5.5 SM · 8.5 LG

**Moon Chopped**  
romaine, avocado, pepperoni, parmesan, tomato, garbanzo beans, shallot, sunflower seeds, red cabbage, mama lil’s peppers, parmesan-oregano vinaigrette  |  11 SM · 15 LG

**Arugula & Grain**  

arugula, farro, barley, snap peas, garbanzo beans, chopped shallots, toasted almonds, feta cheese, pickled golden raisins and lime-mint vinaigrette  |  11 SM · 15 LG

**Chicken Cobb**  
grilled or fried chicken, romaine, bacon, tomato, hard-boiled egg, avocado, pickled red onion, blue cheese, ranch dressing  |  19

**Chicken Strips & Fries**  
house-cut fries, buttermilk ranch and barbecue sauce  |  15

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A 20% service charge is included on each check. The charge is retained by the company. Our valued service team receives competitive compensation in the form of wages, commissions, health insurance, 401k and opportunities for development and advancement. We are required by Washington state law to collect tax on service charges. Thank you – Heavy Restaurant Group.

*According to the health department, raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.*